



Neurodiversity in the Workplace Champion Workshop

Duration: 4.5 hours
Capacity: Maximum 16 participants
Includes: CPD Certification, Digital Learning Guide and 3 Years Access to an Online Learning Portal

Webinar objectives

- Foster acceptance of neurodiversity.
- Transform workplace culture to embrace neurodiversity.

Learning outcomes

- Review key terminology related to neurodiversity.
- Confidently identify the main neurodivergent conditions.
- Recognise the strengths associated within each condition.
- Understand how individuals living with different conditions may present within the workplace.
- Gain a foundational understanding of executive functioning.
- Comprehend the role of neurodiversity in executive functioning within daily life.
- Participate in an activity to experience executive functioning challenges firsthand.
- Appreciate the importance of including neurodivergent individuals in diversity and inclusion efforts.
- Learn about school trauma and its impact on learning new skills.
- Understand the significance of clear communication and explore its complexities through an activity.
- Be introduced to the concept of sensory overload.

Get in touch

For more information, you can use the QR code to visit our website.



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Learning outcomes continued

- Understand the occurrence and impact of meltdowns and shutdowns.
- Discover strategies to create a more inclusive, sensory-safe working environment.
- Recognise that anxiety can be triggered by external factors.
- Identify anxiety in yourself and others.
- Learn techniques to manage anxiety through regulation.
- Acquire practical tools to add to a mental health and wellbeing virtual toolbox to support yourself and others in crisis.
- Start to understand that all behaviour is a form of communication and focus on support rather than judgment.
- Understand that communication errors can occur on all sides and learn how to prevent low morale in the workplace.
- Discover the importance of supporting those who self-identify as neurodivergent from both a compassionate and legal perspective.
- Recognise the positive impact of reasonable adjustments and learn how to start implementing them.

The Champion course is worth 4.5 hours towards your CPD (Continuing Professional Development) Active Learning.



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